

WEEK 1- FLASH LEY PRIMARY MENU
 31/08/26, 14/09/26, 28/09/26, 12/10/26.

MONDAY

CHEESE
PIZZA (V)

OR

RAINBOW PIZZA

OVEN BAKED POTATO
WEDGES SWEETCORN
& MIXED SALAD

JACKET POTATO WITH
CHEESE OR TUNA
MAYO

HAM OR CHEESE
SANDWICH
SERVED WITH
HERBY DICED
POTATOES

ASSORTED
DESSERTS

TUESDAY

SAUSAGE, BACON
BEANS, SCRAMBLED
EGGS, TOMATO &
TOAST

VEGGIE SAUSAGE BEANS
SCRAMBLED EGGS,
TOMATO & TOAST (V)

HASH BROWNS

JACKET POTATO WITH
CHEESE OR TUNA
MAYO

HAM OR CHEESE
SANDWICH
SERVED WITH
HASH BROWNS

ASSORTED
DESSERTS

WEDNESDAY

CHICKEN TIKKA (H)
WHOLEMEAL RICE,
NAAN BREAD

OR

WHOLEMEAL VEGETABLE
PASTA BAKE (H) (V)

SEASONAL VEGETABLES

JACKET POTATO WITH
CHEESE OR TUNA
MAYO

HAM OR CHEESE
SANDWICH
SERVED WITH
ROASTED WEDGES

ASSORTED DESSERTS

THURSDAY

ROAST OF THE DAY

OR

BROCCOLI &
CAULIFLOWER
BAKE (V)

ROAST & MASHED
POTATOES SEASONAL
VEGETABLES & GRAVY

JACKET POTATO WITH
CHEESE OR TUNA
MAYO

HAM OR CHEESE
SANDWICH
SERVED WITH
ROAST POTATOES

ASSORTED DESSERTS

FRIDAY

FISH FINGERS

OR

SALMON FISHCAKES
OR
VEGGIE FINGERS (V)

CHIPS
SWEETCORN
& PEAS

JACKET POTATO WITH
CHEESE OR TUNA
MAYO

ASSORTED DESSERTS

V- VEGETARIAN
H - HOMEMADE

AVAILABLE DAILY- Wholemeal
Bread, Salad Bar, Fresh Fruit,
Yoghurt, Water & Milk

ALLERGEN INFORMATION FOR ALL OUR DISHES IS AVAILABLE BY CONTACTING THE CATERING MANAGER:

WEEK 2- FLASH LEY PRIMARY MENU
07/09/26, 21/09/26, 05/10/26, 19/10/26.

MONDAY

CLASSIC TOAD IN THE HOLE
OR
VEGGIE TOAD IN THE HOLE (V)

MASHED POTATOES WITH SEASONAL VEGETABLES

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH HERBY POTATOES

ASSORTED DESSERTS

TUESDAY

BEEF BOLOGNAISE (H) OR
VEGETABLE BOLOGNAISE (H) (V)

GARLIC BREAD, BROCOLLI OR MIXED SALAD

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH CUBED POTATOES

ASSORTED DESSERTS

WEDNESDAY

CHICKEN BURGER

PASTA BAKE (H) (V)

POTATO WEDGES WITH SEASONAL VEGETABLES

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH POTATO WEDGES

ASSORTED DESSERTS

THURSDAY

ROAST OF THE DAY

BROCOLLI & CAULFLOWER BAKE (V)

ROAST & MASHED POTATOES, SEASONAL VEGETABLES, GRAVY

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH ROAST POTATOES

ASSORTED DESSERTS

FRIDAY

GOLDEN FISH FINGERS

FISHCAKE
CHEESE TOASTIES (V)

CHIPS
SWEETCORN & PEAS

JACKET POTATO WITH BEANS, CHEESE OR TUNA MAYO

ASSORTED DESSERTS

V- VEGETARIAN
H - HOMEMADE

AVAILABLE DAILY- Wholemeal Bread, Salad Bar, Fresh Fruit, Yoghurt, Water & Milk

ALLERGEN INFORMATION FOR ALL OUR DISHES IS AVAILABLE BY CONTACTING THE CATERING MANAGER: