

WEEK 1- FLASH LEY PRIMARY MENU

**13/04, 27/04, 11/05, 01/06, 15/06,
29/06, 13/07**

MONDAY

**CHEESE
PIZZA (V)
OR**

RAINBOW PIZZA

**OVEN BAKED POTATO
WEDGES,
SWEETCORN
& MIXED SALAD**

**JACKET POTATO WITH
CHEESE OR TUNA
MAYO**

**HAM OR CHEESE
SANDWICH
SERVED WITH
HERBY DICED
POTATOES**

**ASSORTED
DESSERTS**

TUESDAY

**SAUSAGE, BACON
BEANS, SCRAMBLED
EGGS, TOMATO &
TOAST**

**VEGGIE SAUSAGE, BEANS
SCRAMBLED EGGS,
TOMATO & TOAST (V)**

HASH BROWNS

**JACKET POTATO WITH
CHEESE OR TUNA
MAYO**

**HAM OR CHEESE
SANDWICH
SERVED WITH
HASH BROWNS**

**ASSORTED
DESSERTS**

WEDNESDAY

**CHICKEN TIKKA (H)
WHOLEMEAL RICE,
NAAN BREAD**

**OR
WHOLEMEAL VEGETABLE
PASTA BAKE (H) (V)**

SEASONAL VEGETABLES

**JACKET POTATO WITH
CHEESE OR TUNA
MAYO**

**HAM OR CHEESE
SANDWICH
SERVED WITH
ROASTED WEDGES**

ASSORTED DESSERTS

THURSDAY

ROAST OF THE DAY

**OR
BROCOLLI &
CAULIFLOWER
BAKE (V)**

ROAST & MASHED

**POTATOES SEASONAL
VEGETABLES & GRAVY**

**JACKET POTATO WITH
CHEESE OR TUNA
MAYO**

**HAM OR CHEESE
SANDWICH
SERVED WITH
ROAST POTATOES**

ASSORTED DESSERTS

FRIDAY

**FISH FINGERS
OR
SALMON FISHCAKES
OR
VEGGIE FINGERS (V)**

**CHIPS
SWEETCORN
& PEAS**

**JACKET POTATO WITH
CHEESE OR TUNA
MAYO**

ASSORTED DESSERTS

**V- VEGETARIAN
H - HOMEMADE**

**AVAILABLE DAILY- Wholemeal
Bread, Salad Bar, Fresh Fruit,
Yoghurt, Water & Milk**



ALLERGEN INFORMATION FOR ALL OUR DISHES IS AVAILABLE BY CONTACTING THE CATERING MANAGER:



MONDAY

CLASSIC TOAD IN THE HOLE
OR

VEGGIE TOAD IN THE HOLE (V)

MASHED POTATOES WITH SEASONAL VEGETABLES

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH HERBY POTATOES

ASSORTED DESSERTS

TUESDAY

BEEF BOLOGNAISE (H)
OR

VEGETABLE BOLOGNAISE (H) (V)

GARLIC BREAD, BROCCOLI OR MIXED SALAD

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH CUBED POTATOES

ASSORTED DESSERTS



WEDNESDAY

CHICKEN BURGER

PASTA BAKE (H) (V)

POTATO WEDGES WITH SEASONAL VEGETABLES

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH POTATO WEDGES

ASSORTED DESSERTS

THURSDAY

ROAST OF THE DAY

BROCCOLI & CAULFLOWER BAKE (V)

ROAST & MASHED POTATOES, SEASONAL VEGETABLES, GRAVY

JACKET POTATO WITH CHEESE OR TUNA MAYO

HAM OR CHEESE SANDWICH SERVED WITH ROAST POTATOES

ASSORTED DESSERTS



FRIDAY

GOLDEN FISH FINGERS

FISHCAKE
CHEESE TOASTIES (V)

CHIPS
SWEETCORN & PEAS

JACKET POTATO WITH BEANS, CHEESE OR TUNA MAYO

ASSORTED DESSERTS



V- VEGETARIAN
H - HOMEMADE



AVAILABLE DAILY- Wholemeal Bread, Salad Bar, Fresh Fruit, Yoghurt, Water & Milk